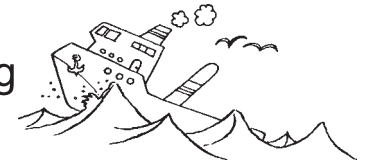
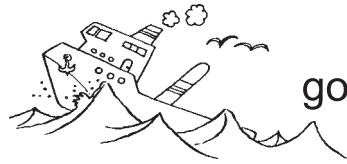




is one of South Africa's large fishing companies. We have many big



called trawlers. The



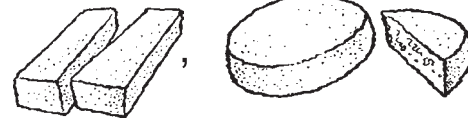
go out to the deep, icy



to catch



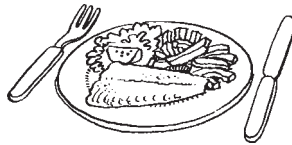
called hake. Hake is used to make yummy



and the



you love to eat with chips!



Eating



is good for your brain,

helps to keep your bones healthy and builds strong muscles!



cares about the



and wants to look after it for us and the children

of the future! Please will you also care for the



and the animals and plants

which live there? This



is just for you - filled with beautiful



animals which also live in the



Have oceans of fun drawing and colouring in!

